

dreamgenii®

User Guide

Pregnancy Support and Feeding Pillow



How it works

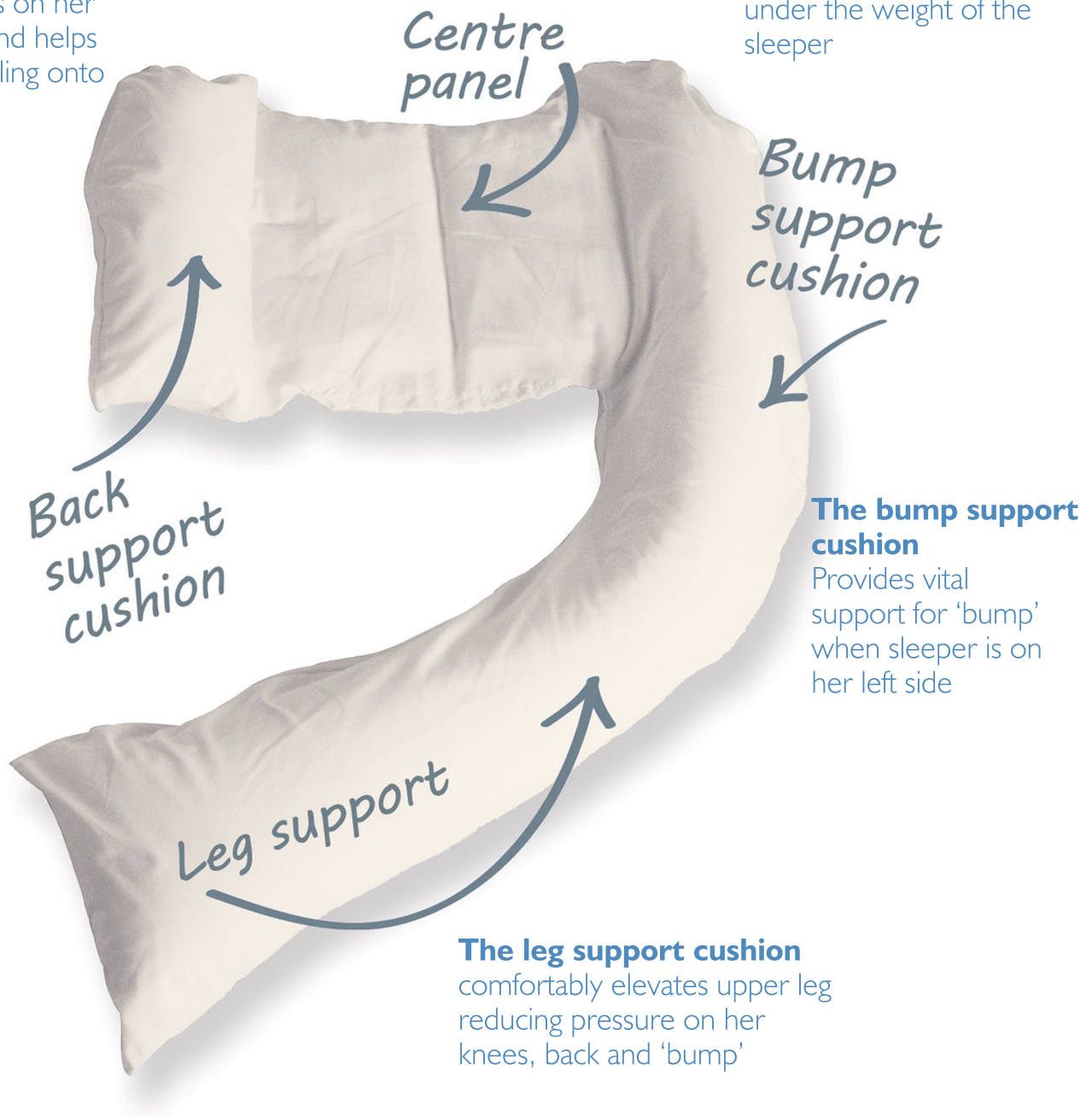
The key design features that make the dreamgenii pregnancy pillow a unique maternity product

The back support cushion

Supports small of the back when sleeper is on her left hand side and helps prevent her rolling onto her back

The centre panel

Keeps the pillow in position under the weight of the sleeper



Back support cushion

Centre panel

Bump support cushion

The bump support cushion

Provides vital support for 'bump' when sleeper is on her left side

Leg support

The leg support cushion

comfortably elevates upper leg reducing pressure on her knees, back and 'bump'

3 easy steps to enjoy a magical night's sleep with your dreamgenii pregnancy pillow

1. Lay the dreamgenii pillow on the bed with the bump and leg support cushion to the right hand side. When positioned correctly, your pillow will resemble a number 7.
2. Lie on your left side with the centre panel under your middle, the back support cushion fitting firmly
3. in the small of your back.
Pull the bump support cushion inwards gently towards and against your bump, then pass the leg support between your knees supporting the upper leg.

To use the dreamgenii pillow as a feeding support

Sit comfortably in a chair.

Position the leg support comfortably into the small of your back, leaving the back and bump support in front of you.

Fold the back support cushion around and under the bump support cushion to achieve a cradle shape in which to place your baby.

Place another pillow under your arm if you require extra support whilst feeding