

dreamgenii®

User Guide

Breastfeeding Support Pillow



Breastfeeding Support Pillow

filled for optimal
comfort and support

adapts to shape
of parent



can be used to
support baby sitting

Here is an easy guide to get the most from your dreamgenii breast-feeding pillow, which has been specially designed to help you support your baby in the correct feeding position, which will encourage baby to feed more easily and prove much more comfortable to you.

1. If you breastfeed sitting on a chair or sofa, with the baby lying across your lap, your dreamgenii pillow can be used to support baby's head and neck while you feed. Simply wrap it around your waist.
2. Some women find it easier to tuck baby under their underarm for support and breastfeed from the side and the dreamgenii breastfeeding pillow can provide support in this position too.
3. The dreamgenii breastfeeding pillow can also be used safely when bottle feeding.
4. Find a comfortable place to sit and position the pillow on your lap or side. Lie with whichever arm you're using to support the baby's head on the pillow. Baby should be lying on a slight incline to minimise any digestive issues. His head should be tilted upward slightly.
5. While you'll need to use your arm to keep the baby from wriggling too much, the pillow will still provide some support and take some of your baby's weight off of you.
6. As your baby develops you can use your dreamgenii pillow as a support to help baby to sit upright while they are learning to sit up on their own.